



MEDSPA & WELLNESS CENTAR
POLIKLINIKA

Life

SPA & CLINIC MENU

2026

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*...trained to read your health past, understand and treat your health present,
and lead you to a healthy future....*

Medicinski Spa & Wellness centar Life promiče poticanje obnove, vitalnosti i ljepote življenja baziran na višestoljetnim principima prirodne, balansiranoj mediteranskoj prehrani te personaliziranim potrebama pojedinca za korištenjem suvremene medicine.

Smješteni u samom srcu grada Solina, u zelenoj oazi luksuznog hotela President***** svojim korisnicima nudimo holistički pristup do ukupnog tjelesnog i duhovog zadovoljstva, koristeći najsuvremeniji pristup wellness & spa tretmanima, fitnessu & rekreaciji, estetici i dermatologiji te nizu medicinskih usluga.

Unutar Medicinskog Spa & Wellness centra nalazi se Poliklinika Life čije je stručno osoblje posvećeno njezi i zdravlju Vašeg lica i tijela, pružajući najkvalitetniju dermatološku i estetsku njegu kože individualiziranim i integrativnim pristupom svakom korisniku.

*Medical Spa & Wellness Centre Life promotes regeneration, vitality, and beauty of living based on the cutting-edge medical and wellbeing science, interdisciplinary expertise, and the highest-standard facilities and products. Located in the very centre of town Solin, in the green oasis of luxury President***** hotel, we offer holistic approach to our clients on their way to physical and spiritual wellbeing through a wide range of services: modern wellness & spa treatments, fitness and recreation, medical consultations and procedures with the main focus on holistic wellbeing and aesthetics.*

As a part of the Medical Spa & Wellness Centre, the Life clinic with experienced medical staff is dedicated to supporting clients who would benefit from dermatological and rehabilitation medical advice and treatments. We place great emphasis on providing the highest quality medical and wellbeing services with an individualized and integrative approach as the optimal method of achieving individual needs of our satisfied clients.

Masaže / Massage

MASAŽA STOPALA | FOOT MASSAGE

Posebno osmišljena za umorna i teška stopala. Terapeut čvrstim pokretima stimulira refleksne zone stopala i nježnim glađenjem opušta napete mišiće.

Specially designed for heavy, tired feet. Therapist uses firm movements in order to stimulate foot reflex points and soothing long gliding strokes to relax sore muscles.

30 min

60,00 €

DEEP TISSUE

Ova masaža utječe na opuštanje dubokih tkiva i slojeva mišića. Rješenje je za kroničnu napetost tijela za sve one koji vole snažniji pritisak i za oporavak od sportskih aktivnosti.

This massage technique makes deep tissues and muscles relax. It represents solution for chronic tension of the body, suitable for people who prefer stronger pressure and those recovering from sports activity.

55 min/85 min

100,00 €/135,00 €

RELAX MASAŽA | RELAX MASSAGE

Ujednačeni, dugi pokreti ove masažne tehnike služe potpunom opuštanju tijela i uma. Blagi dodir terapeuta i posebna posvećenost relaksaciji mišića prigodni su čak i za djecu.

Rhythmic, long movements of this massage technique will completely relax the body and mind. The mild touch of the therapist and the special dedication to muscle relaxation are suitable even for children.

55 min/85 min

90,00 €/125,00 €

MEDICINSKA MASAŽA | MEDICAL MASSAGE

Medicinska masaža je vrsta fizikalne terapijske tehnike koja se izvodi u borbi protiv bolesti ili poremećaja lokomotornog sustava i poboljšanja zdravlja i dobrobiti klijenta. Pomaže u dopuni cjelokupnog plana liječenja, olakšava zacjeljivanje, poboljšava fleksibilnost i povećava opseg pokreta.

Medical massage is a type of physical therapeutic technique performed to combat a disease or disorder of locomotor system and improve a client's health and well-being. It helps supplement a client's overall medical treatment plan, it facilitates healing, improves flexibility, makes scar tissue more pliable and increases range of motion.

55 min/85 min

115,00 €/150,00 €

MASAŽA TOPLIM MASLINOVIM ULJEM | WARM OLIVE OIL MASSAGE

Maslina, simbol Mediterana, poznata je po svojim ljekovitim svojstvima. Ulje masline korišteno u ovoj masaži obiluje antioksidansima, jača imunost i obnavlja kožu. Legenda kaže da je ovaj tretman nekada bio rezerviran samo za kraljeve a sada u njemu možete uživati i vi.

Olive, a symbol of Mediterranean, is far known for its healing properties. Olive oil used in this massage is rich with antioxidants, makes immune system stronger and regenerates the skin. Legend says this treatment used to be for royalty only but now you can enjoy it too.

55 min/85 min

100,00 €/135,00 €

PRESIDENT ROYAL MASAŽA | PRESIDENT ROYAL MASSAGE

Kraljevski tretman u kojem ćete uživati u harmoničnim pokretima dvaju terapeuta za najbrži učinak potpune relaksacije. Hranjivo toplo ulje i ritmična masaža učinit će sve kako bi se vaše tijelo, glava i lice odmorilo od užurbane svakodnevice.

Royal treatment tailored for you to enjoy in harmonic movement of two massage therapists for the fastest relaxation effect. Nourishing warm oil and rhythmic massage will give your body, head and face a break from the hectic everyday life.

85 min

200,00 €

MADEROTERAPIJA | MADEROTHERAPY

Masaža koja se izvodi sa posebno izrađenim drvenim valjcima. Prilikom pokreta koji uključuju korištenje drvenih elemenata potičemo limfni sustav tijela, a time oslobađamo tijelo od nakupljenih toksina, masnoće i celulita.

Massage performed with wooden rollers designed to stimulate lymph circulation, remove cellulite and fat cells and to detox your body.

45 min

60,00 €

ANTICELULITNA MASAŽA | ANTI-CELLULITE MASSAGE

Namijenjena osobama koje žele eliminirati izgled narančine kore i masnih jastučića na tijelu. Snažna i energična masaža koja služi poticanju cirkulacije i ubrzanju metabolizma.

Designed for elimination of dimpled skin and subcutaneous fat. Strong, energetic massage that stimulates lymphatic drainage and metabolism.

45 min

60,00 €

Terapijski rituali / Therapeutic rituals

STRESS RELEASE – CALM & GROUNDING RITUAL by Pharmos Natur

Duboka relaksacija za tijelo, kožu i živčani sustav. Ovaj holistički ritual pomaže u otpuštanju stresa, umiruje osjetila i vraća unutarnju ravnotežu. Spor, svjestan dodir, ljekovite biljne esencije i sveta Aloe Vera podržavaju tijelo u prijelazu iz napetosti u duboku regeneraciju.

Deep relaxation for body, skin and nervous system. This holistic ritual helps to release stress, calm the senses and restore inner balance. Slow mindful touch, healing plant essences and sacred Aloe Vera support the body in shifting from tension into deep regeneration.

85 min

185,00 €

DETOX – VITALITY BODY RITUAL by Pharmos Natur

Revitalizirajući ritual za tijelo osmišljen da aktivira limfnu cirkulaciju, potakne detoksikaciju i vrati lakoću tijelu i umu. Garshan masaža rukavicom, Gua Sha tehnike i sveta Aloe Vera osvježavaju tkiva i energiziraju cijelo tijelo.

A revitalizing body ritual designed to activate lymphatic flow, stimulate detoxification and restore lightness to body and mind. Garshan glove massage, Gua Sha techniques and sacred Aloe Vera refresh the tissues and energize the entire body.

85 min

185,00 €

Terapijski tretmani lica / Therapeutic face treatments

ULTRA HYDRATION ZO Skin

Tretman namijenjen posebno suhoj, dehidriranoj koži kako bi joj se vratilo olakšanje, hidratacija te zaglađena tekstura.

Treatment designed specifically to target dry, dehydrated skin to restore hydration, and to provide soothing, cooling and calming comfort.

50 min

100,00 €



NAMIJENJEN ZA/INDICATED FOR
suhu, dehidriranu i neotpornu kožu
dry, dehydrated and weak skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTENANCE
svakih 4-6 tjedana
every 4-6 weeks

BRIGHTENING TRETMAN ZO Skin | BRIGHTENING TREATMENT ZO Skin

Tretman za posvjetljivanje. Rješava probleme sa hiperpigmentacijom te pomaže u otklanjanju tamnih mrlja i neujednačenog tona kože.

Treatment designed to target pigment-related issues to help adress dark patches and uneven skin tone.

50 min

110,00 €



NAMIJENJEN ZA/INDICATED FOR
hiperpigmentaciju
hyperpigmentation



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTENANCE
svakih 4-6 tjedana
every 4-6 weeks

RED CARPET PEEL ZO Skin

Obvezan tretman za grubu i kožu bez sjaja budući da sadrži novu i unikatnu kombinaciju sastojaka za eksfolijaciju kako bi obnovio i pružio zdraviji izgled kože. Bez neželjenih učinaka ovo je ultimativni protokol u potpunosti orijentiran na trenutni rezultat kojem teže mnogi klijenti.

"Must have" treatment for skin that feels rough or looks dull, as it uses new, unique combination of exfoliating ingredients to renew and revive skin. With no downtime, this is the ultimate results-oriented treatment that many of our clients have been looking for.

30 min

65,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTENANCE
svakih 4-6 tjedana
every 4-6 weeks

ACNE & OIL CONTROL ZO Skin

Tretman za akne i kontrolu viška masnoće na koži. Pospješuje čišćenje kože i sprječava izbijanje akni.

Treatment for acne and skin oilness control helps to clear skin and prevent acne breakouts.

50 min

90,00 €



NAMIJENJEN ZA/INDICATED FOR
akne, masna rozacea
acne, oily rosacea



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTENANCE
svakih 4-6 tjedana
every 4-6 weeks

ALOE VERA SKIN RESET SIGNATURE by Pharmos Natur

Aloe Vera Skin Reset je umirujući i revitalizirajući ritual lica osmišljen da dubinski hidratizira kožu, vrati joj prirodnu ravnotežu te je ostavi vidljivo osvježenom, mekom i blistavom.

Aloe Vera Skin Reset is a soothing, revitalizing facial ritual designed to deeply hydrate the skin, restore its natural balance and leave it visibly refreshed, soft and radiant.

30 min

65,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 2-4 tjedna)
4 to 6 treatments (every 2-4 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 2-3 mjeseca
every 2-3 months

LOVE YOUR AGE – LIFT & REPAIR FACE RITUAL SIGNATURE by Pharmos Natur

Regenerativni ritual lica osmišljen za vraćanje vitalnosti, čvrstoće i mladenačkog sjaja. Ovaj tretman dubinski hidratizira, zaglađuje i jača kožu, dok umirujući pokreti masaže i Gua Sha tehnike potiču prirodni lifting, oslobađaju napetost i aktiviraju protok energije.

A regenerating facial ritual designed to restore vitality, firmness and youthful radiance. Precious rejuvenating plant from hyaluronic acid, Acemella and Snow Mushroom actives combined with the sacred Aloe Vera fresh plant leaf deeply hydrate, smooth and strengthen the skin. Sculpting massage techniques and Gua Sha support natural lifting, release tension and activate the flow of energy.

55 min/85 min

145,00 €/165,00 €



NAMIJENJEN ZA/INDICATED FOR
osjetljivu, masnu i seboroičnu kožu
sensitive, oily and seborrheic skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
6 tretmana (svakih 1-2 tjedna)
6 treatments (every 1-2 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 4-6 tjedana
every 4-6 weeks

LUNAR SKIN RITUAL NIGHT – FACE RITUAL SIGNATURE by Pharmos Natur

Noćno aktivne biljne esencije i sveta Aloe Vera vode kožu i tijelo u duboku regeneraciju tijekom noći. U skladu s prirodnim cirkadijalnim ritmom, ovaj ritual podržava prijelaz iz dnevne aktivnosti u obnovljivu, umirujuću fazu noći. Živčani se sustav smiruje, javlja se unutarnji mir, a koža prima ciljane signale za obnovu i revitalizaciju.

Night-active plants and sacred Aloe Vera guide skin and body into deep nightly regeneration. In harmony with the natural circadian rhythm, this ritual supports the transition from the activity of the day into the restorative phase of the night. The nervous system calms, inner stillness arises and the skin receives targeted signals for renewal and repair.

55 min/85 min

165,00 €/185,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 1–2 tjedna)
4 to 6 treatments (every 1–2 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 4–8 tjedana
every 4–8 weeks

Mesopeel MD LACTIC BY MESOESTETIC

Ovaj kemijski piling visoke otpornosti s učinkom hidratacije namijenjen je osjetljivoj, suhoj i beživotnoj koži. Mliječna kiselina stimulira proizvodnju kolagena, ima prirodni hidratizirajući učinak te stimulira sintezu ceramida i regulira rad zaštitne barijere.

This highly resistant chemical peel with a hydrating effect is intended for sensitive, dry and lifeless skin. Lactic acid stimulates collagen production, has a natural hydrating effect, stimulates ceramide synthesis and regulates the function of the protective barrier.

30 min

80,00 €



NAMIJENJEN ZA/INDICATED FOR
suhu, dehidriranu i neotpornu kožu
dry, dehydrated and weak skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
svakih 3–4 tjedna
every 3–4 weeks



ODRŽAVANJE/MAINTENANCE
svakih 2–3 mjeseca
every 2–3 months

Mesopeel MD MANDELIC

Zahvaljujući blagom, ali učinkovitom djelovanju, ovaj kemijski piling na bazi mandelične kiseline nježno eksfolira, potiče regeneraciju kože, smanjuje hiperpigmentacije, sužava pore i poboljšava ujednačenost tena – bez iritacije i vidljivog ljuštenja.

Thanks to its mild but effective action, this treatment gently exfoliates, stimulates skin regeneration, reduces hyperpigmentation, tightens pores, and improves skin tone uniformity - without irritation or visible peeling.

30 min

80,00 €



NAMIJENJEN ZA/INDICATED FOR
osjetljivu, masnu i seboroičnu kožu
sensitive, oily and seborrheic skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 1–2 tjedna)
4 to 6 treatments (every 1–2 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 2–3 mjeseca
every 2–3 months

Mesopeel MD SALICYLIC BY MESOESTETIC

Kemijski piling na bazi salicilne kiseline zahvaljujući snažnom keratolitičkom i protuupalnom djelovanju dubinski čisti pore, uklanja višak sebuma, smanjuje nepravilnosti i sprječava nastanak novih akni.

Thanks to its powerful keratolytic and anti-inflammatory properties, this salicylic acid-based chemical peeling deeply cleanses pores, removes excess sebum, reduces imperfections, and helps prevent new acne.

30 min

80,00 €



NAMIJENJEN ZA/INDICATED FOR
osjetljivu, masnu i seboroičnu kožu
sensitive, oily and seborrheic skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 1-2 tjedna)
4 to 6 treatments (every 1-2 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 2-3 mjeseca
every 2-3 months

Mesopeel MD RETIFLASH BY MESOESTETIC

Piling na bazi retinola i pro-retinola zahvaljujući snažnom regenerativnom i anti-age djelovanju potiče proizvodnju kolagena, ujednačava ten, smanjuje bore i fine linije te vraća koži mladenački sjaj.

Thanks to its powerful regenerative and anti-aging effects, this retinol and pro-retinol-based peel stimulates collagen production, evens out the complexion, reduces wrinkles and fine lines, and restores the skin's youthful glow.

30 min

90,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
3 do 5 tretmana (svakih 1-2 tjedna)
3 to 5 treatments (every 1-2 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 6 mjeseci
every 6 months

Mesopeel MD MELANOSTOP TRANEX BY MESOESTETIC

Namijenjen osobama koje se bore s diskoloracijom kože. Omogućava vidljivo poboljšanje tona i svjetline. Pomaže uravnotežiti i regulirati proces melanogeneze, uništavajući melanin u epidermalnim stanicama koji je odgovoran za promjenu boje kože.

Specifically designed for those dealing with skin discoloration. It provides a visible improvement in skin tone and brightness, helping to balance and regulate the melanogenesis process by targeting melanin in epidermal cells responsible for discoloration.

30 min

90,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 2-3 tjedna)
4 to 6 treatments (every 2-3 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 3-4 mjeseca
every 3-4 months

Mesopeel MD AZELAN RX BY MESOESTETIC

Piling s protugljivičnim, antibakterijskim i komedolitičkim svojstvima. Smanjuje reaktivne manifestacije kože, kao što su: crvenilo, svrbež, peckanje i iritacija. Ublažava lomljivost kapilara i crvenilo, umiruje kožu.

This peel has antifungal, antibacterial, and comedolytic properties. It helps reduce reactive skin symptoms such as redness, itching, burning, and irritation. Additionally, it alleviates capillary fragility, diminishes redness, and soothes the skin.

30 min

90,00 €



NAMIJENJEN ZA/INDICATED FOR
masnu i kožu sklonu aknama
oily, acne-prone skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 2-3 tjedna)
4 to 6 treatments (every 2-3 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 3-4 mjeseca
every 3-4 months

Mesopeel MD OXYAGE BY MESOESTETIC

Ovaj piling pomaže u smanjenju površinskih nesavršenosti kože, dok ujednačava ton i teksturu. Smanjuje pore, oksigenizira i pročišćava kožu. Osim toga, regulira proizvodnju sebuma, potiče regeneraciju stanica i podupire obnovu tkiva.

This retexturizing peel helps to reduce superficial skin imperfections, while evening out tone and texture. It minimizes pores, oxygenates, and purifies the skin. Additionally, it regulates sebum production, promotes cell regeneration, and supports tissue repair.

30 min

100,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 2-3 tjedna)
4 to 6 treatments (every 2-3 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 3-4 mjeseca
every 3-4 months

Advanced technology tretmani

AQUAPEEL

Aquapeel tretman predstavlja najnoviji napredak ne-laserske obnove kože. INNOFACIAL je jedina hidrodermoabrazivna procedura koja kombinira čišćenje, ekfolijaciju, ekstrakciju, hidraciju i antioksidativnu zaštitu u jednom, što za rezultat ima čišću, ljepšu kožu sa osjećajem ugone i bez potrebe za oporavkom. Ovaj tretman je umirujuć, hidratantan, neinvazivan i neagresivan prema koži.

The "Aquapeel" treatment is the newest advance in non-laser skin resurfacing. INNOFACIAL is the only hydradermabrasion procedure that combines cleansing, exfoliation, extraction, hydration and antioxidant protection simultaneously, resulting in clearer, more beautiful skin with no discomfort or downtime. The treatment is soothing, moisturizing, non-invasive and non-irritating.

Aquapeel lica | Aquapeel face

50 min

90,00 €

Aquapeel tjemena | Aquapeel scalp

50 min

110,00 €

Aquapeel tijela | Aquapeel body

50 min

190,00 €



NAMIJENJEN ZA/INDICATED FOR

sve tipove kože, čišćenje, hiperpigmentacije, masnu kožu sklonu aknama
all skin types, skin cleansing, hyperpigmentation, oily skin prone to acne



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTENANCE

svakih 4-6 tjedana
every 4-6 weeks

INNOFACIAL
Premium Dual Aqua Peeling System

SKINPEN

Minimalno invazivan tretman s vrlo kratkim vremenom oporavka.

SkinPen je prvi uređaj s mikroiglicama koji je dobio odobrenje Američke administracije za hranu i lijekove za sterilni spremnik. Tretman je relativno bezbolan zahvaljujući anestetskoj kremi koja se nanosi prije samog tretmana, a oporavak je minimalan i moguće se odmah vratiti standardnim aktivnostima. Ne preporučuje se nanošenje šminke, znojenje, sunčanje 24 sata nakon tretmana.

Skin-Pen Precision is a minimally invasive treatment followed by a very short recovery period.

SkinPen is the first microneedling device approved by the FDA (American Food and Drug Administration) with sterile disposable micro needle cartridge. Treatment itself is relatively painless due to a local anesthetic being applied. Recovery time is minimal and it is possible to get back to your usual daily activities right after the treatment. Applying make up, sweating and sunbathing is not recommended at least 24 hours after the procedure.

SkinPen lica | SkinPen face

50 min 175,00 €

SkinPen lica, vrata i dekoltea | SkinPen face, neck & cleavage

60 min 305,00 €

SkinPen + PRP lica | SkinPen + PRP face treatment

50 min 425,00 €



NAMIJENJEN ZA/INDICATED FOR

hiperpigmentacije, strije, ožiljke od akni, razne ožiljke, melazma, bore, neujednačen ten
hyperpigmentation, stretch marks, acne scars, various scars, melasma, wrinkles and fine lines, uneven skin tone and texture



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

jednom mjesečno kroz period od 4 mjeseca
once a month during 4 months period



ODRŽAVANJE/MAINTENANCE

svakih pola godine
every 6 months

SkinPen®
BY CROWN AESTHETICS

PRP LICA - terapija matičnim stanicama I PRP face - platelet-rich plasma

Pomlađivanje kože vlastitom krvlju bogatom matičnim stanicama i faktorima rasta (PRP) je revolucionarna terapija izdvajanja plazme bogate faktorima rasta iz vlastite krvi. Injiciranjem iste u kožu potiče se proces stimulacije produkcije kolagena i elastičnih vlakana, te revitalizacije kože.

Rejuvenating skin with blood rich in stem cells and growth factors (PRP) is a revolutionary therapy for extracting plasma rich in growth factors from one's own blood. Injecting it into the skin stimulates the process of production of collagen and elastic fibers, and skin revitalization.

50 min

330,00 €



NAMIJENJEN ZA/INDICATED FOR

neujednačen ten, loša tekstura kože, gubitak čvrstoće i elastičnosti kože, fine linije i bore, akne, hiperpigmentacije
uneven complexion, poor skin texture, loss of skin firmness and elasticity, fine lines and wrinkles, acne, hyperpigmentation



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

PRP VLASIŠTA - terapija matičnim stanicama I PRP scalp - platelet-rich plasma

PRP terapija vlasišta potiče ubrzan rast kose, zbog čega je ova metoda u svijetu vrlo popularna kod rješavanja problema alopecije, odnosno ćelavosti.

PRP scalp therapy stimulates accelerated hair growth, which is why this method is very popular for solving the problem of alopecia or baldness.

50 min

330,00 €



NAMIJENJEN ZA/INDICATED FOR

ispadanje i oslabljen rast kose
hair loss and impaired hair growth



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

MEZOTERAPIJA | MESOTHERAPY

Mezoterapija je minimalno invazivna procedura koja se danas primjenjuje za različita medicinska stanja i estetske tretmane. Injiciranjem koktela (hijaluronska kiselina, aminokiseline, vitamini, minerali, faktori rasta) vrlo tankom iglom, postiže se dopremanje najučinkovitijih revitalizirajućih sastojaka u odabrana područja kože. Potaknuti procesi duboke regeneracije, revitalizacije i hidratacije kože rezultiraju mladolikom, zategnutom i sjajnijom kožom.

Mesotherapy is a minimally invasive procedure used for different medical conditions and aesthetic treatments. By injecting a cocktail (hyaluronic acid, amino acids, vitamins, minerals, growth factors) with a very thin needle, the delivery of the most effective revitalizing ingredients to selected areas of the skin is achieved. Stimulated processes of deep regeneration, revitalization and hydration of the skin result in youthful, taut and radiant skin.

Mezoterapija lica | Mesotherapy face

50 min

200,00 €

Mezoterapija lica i dekoltea | Mesotherapy face and cleavage

60 min

265,00 €

Mezoterapija tjemena | Mesotherapy scalp

50 min

135,00 €



NAMIJENJEN ZA/INDICATED FOR

sve tipove kože, ožiljci, bore i fine linije, opuštena koža, celulit, narančina kora, prorijeđena kosa, problemi s vlasištem
all skin types, scars, wrinkles and fine lines, saggy skin, cellulite, dimpled skin, impaired hair growth, scalp problems



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
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DERMALNI FILERI NEAUVIA | DERMAL FILLERS NEAUVIA

Neauvia fileri omogućuju precizno oblikovanje lica, dajući prirodan i osvježen izgled kože. Osim toga, potiču obnovu kolagena, čime dugoročno doprinose zdravlju kože. *Neauvia fillers enable precise shaping of the face, giving the skin a natural and refreshed appearance. In addition, they stimulate the renewal of collagen, thus contributing to the health of the skin in the long term.*

30 min	1 ml	330,00 €
30 min	4 tretmana 4 treatments	1.055,00 €



NAMIJENJEN ZA/INDICATED FOR

osobe s izraženijim prvim borama, popunjavanje usana, oblikovanje nosa, čeljusti i brade, brisanje podočnjaka te pomlađivanje područja ruku, vrata i dekoltea
people with more pronounced first wrinkles, lip filling, shaping of the nose, jaw and chin, erasing dark circles and rejuvenation of the arms, neck and décolletage area



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
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ODRŽAVANJE/MAINTENANCE

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NEAUVIA™

DERMALNI FILERI REVANESSE | DERMAL FILLERS REVANESSE

Revanesse Premium dermal fileri koji vraćaju savršenu ravnotežu volumena i glatkoće, naglašavaju prirodne konture i pružaju profinjeni, dugotrajni rezultat. *Revanesse Premium dermal fillers that restore perfect balance, enhance natural contours and deliver refined, long-lasting smoothness and volume.*

KISS	1,2 ml	330,00 €
ULTRA	1,2 ml	330,00 €
CONTOURE	1,2 ml	330,00 €



NAMIJENJEN ZA/INDICATED FOR

sve bez obzira na dob i tip kože, osobe koje žele osvježiti i pomladiti izgled kože
all regardless of age and skin type, people who want to refresh and rejuvenate the appearance of the skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

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ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
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REVANESSE®

SKIN BOOSTER SUNEKOS | SKIN BOOSTER SUNEKOS

Skinboosteri su vrsta injekcijskih estetskih tretmana koji, kako im samo ime kaže, „boostaju“, odnosno poboljšavaju vlažnost kože i stimuliraju proizvodnju kolagena. Vrlo su učinkovit način usporavanja procesa starenja ili obnavljanja kože.

Skinboosters are a type of injectable aesthetic treatment that improves skin moisture and stimulates collagen production. They are a very effective way of slowing down the aging process or renewing the skin.

Performa & 1200	6,5 ml	380,00 €
Performa	3,5 ml	330,00 €
paket 3 tretmana 3 treatments package	13,5 ml	990,00 €



NAMIJENJEN ZA/INDICATED FOR

sve bez obzira na dob i tip kože, osobe koje žele osvježiti i pomladiti izgled kože
all regardless of age and skin type, people who want to refresh and rejuvenate the appearance of the skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

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ODRŽAVANJE/MAINTENANCE

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BOTOX BOCOUTURE - terapija bora lica | *anti-wrinkle therapy*

Botox terapija lica je učinkovita metoda za održavanje mladolikog izgleda i smanjenje vidljivosti bora i linija na koži. Precizno se injektira u kožu u vrlo malim količinama kako bi se blokirao rad pojedinih mišića koji sudjeluju u mimici lica čime se postiže uravnotežen učinak mlađe kože.

Botox facial therapy is effective for maintaining a youthful appearance and reducing the visibility of wrinkles and lines on the skin. It is precisely injected into the skin in very small quantities to block the work of certain muscles that participate in facial expressions, which achieves a balanced effect on younger skin.

30 min
30 min

50 units
2x50 units

330,00 €
525,00 €



NAMIJENJEN ZA/INDICATED FOR

osobe koje imaju bore na čelu, vertikalne bore na čelu (tzv. bore mrštice) i sitne bore s vanjske strane očiju (tzv. bore smijalice)
people have wrinkles on the forehead, vertical wrinkles on the forehead, and small wrinkles on the outside of the eyes



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

BOTOX BOCOUTURE - terapija protiv znojenja | *excessive sweating treatment*

Botox terapija protiv znojenja je rješenje za osobe koje pate od pretjeranog znojenja. Djeluje se na način da se privremeno blokira provodljivost kemijskih signala živaca koji djeluju na stimulaciju znojnih žlijezda.

Botox anti-sweating therapy is a solution for people who suffer from excessive sweating. It works by temporarily blocking the conduction of chemical nerve signals that stimulate the sweat glands.

30 min

2x50 units

525,00 €



NAMIJENJEN ZA/INDICATED FOR

osobe koje muči problem prekomjernog znojenja
people suffering from the problem of excessive sweating



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

BOCOUTURE®

MED CONTOUR MULTIPOWER

Med Contour Multipower uređaj je nove generacije u svojoj kategoriji koji kombinira ultrazvuk i radiofrekvenciju za učinkovito, sigurno i bezbolno nekirurško oblikovanje tijela, uklanjanje celulita, zatezanje kože i pomlađivanje lica.

Med Contour Multipower zvijezda je neinvazivnog tretiranja lica i tijela u svrhu uklanjanja lokaliziranih masnih naslaga i celulita, smanjenje obujma tijela, zatezanja kože i limfne drenaže.

Med Contour Multipower is a next-generation device in its category that combines ultrasound and radio frequency for efficient, safe and painless non-surgical body shaping, cellulite removal, skin tightening and facial rejuvenation.

Med Contour Multipower is the superstar of non-invasive face and body treatments for the purpose of removing localized fatty deposits and cellulite, reducing body circumference, tightening of the skin and lymphatic drainage.

4 regije (trbuh, leđa, stražnjica i natkoljenice) | 4 regions (abdomen, back, buttocks and thighs)
120 min 330,00 €

2 regije (trbuh & leđa ili stražnjica & natkoljenice) | 2 regions (abdomen & back or buttocks & thighs)
60 min 240,00 €

1 velika regija (trbuh, leđa, natkoljenica ili stražnjica) | 1 large region (abdomen, back, thighs or buttocks)
45 min 160,00 €

1 mala regija (koljena ili ruke) | 1 small region (knees or arms)
30 min 80,00 €

Med Visage - lice | Med Visage - face
60 min 130,00 €



NAMIJENJEN ZA/INDICATED FOR

sve tipove kože, bore i fine linije, opuštena koža, celulit, narančina kora
all skin types, wrinkles and fine lines, saggy skin, cellulite, dimpled skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

šest tretmana kroz period od šest tjedana
six treatments during six weeks period



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

Med Contour
MULTIPOWER

Posebni tretmani / Special treatments

ANALIZA KOŽE | SKIN ANALYSIS

Vrhunska njega kože počinje njenom detaljnom analizom. Digitalnom analizom dobivamo uvid u stanje dubljih slojeva kože, otkrivamo njenu pravu problematiku i možemo pratiti napredak terapije.

Top skin care begins with its detailed analysis. Digital analysis gives us an insight into the condition of the deeper layers of the skin, reveals its real problems and allows us to monitor the progress of therapy.

30 min

30,00 €

Medicinske usluge / Medical services

Naš medicinski tim specijalista voditi će vas ovisno o Vašem zdravstvenom stanju prema poboljšanju zdravlja i vitalnosti, integrirajući najučinkovitije iz prirode i medicine, s naglaskom na preventivnoj medicini i revitalizaciji.

Our expert medical team is focused on your journey towards restoring your health and we will guide you on your way to revitalization through applying the most advanced medical expertise in combination with some natural remedies.

Dermatologija | Dermatology

Pregled dermatovenerologa (ne uključuje pregled madeža)	80,00 €
<i>Dermatovenerologist examination (does not include mole check)</i>	
Kontrolni pregled dermatovenerologa	60,00 €
<i>Dermatovenerologist control examination</i>	
Dermatoskopski pregled kože i adneksa	110,00 €
<i>Dermatoscopic examination of the skin and adnexa</i>	
Krioterapija s tekućim dušikom (<5/6-10 promjena)	50,00-75,00 €
<i>Cryotherapy with liquid nitrogen (<5/6-10 lesions)</i>	
Biopsija kožnih promjena bez PHD analize	80,00 €
<i>Skin biopsy without PHD analysis</i>	
PHD - patohistološka analiza (1 uzorak)	60,00 €
<i>PHA - pathohistological analysis (one sample)</i>	
Elektrokoagulacija i ekskohleacija kožnih promjena (<5/6-10 promjena)	80,00-100,00 €
<i>Electrocoagulation and excochleation of skin changes (<5/6-10 lesions)</i>	

Estetska, plastična i rekonstruktivna kirurgija

Aesthetic, plastic and reconstructive surgery

Pregled kirurga	80,00 €
<i>Surgeon examination</i>	
Kontrolni pregled kirurga	60,00 €
<i>Surgeon control examination</i>	
Odstranjivanje madeža	120,00-280,00 €
<i>Mole removal</i>	
Ekscizija ostalih tumora kože i potkožja	300,00-700,00 €
<i>Excision of other skin and subcutaneous tumors</i>	
Duboka biopsija sa šavom	110,00 €
<i>Deep tissue biopsy with suture closure</i>	

Fizikalna medicina i rehabilitacija | *Physical medicine and rehabilitation*

Pregled fizijatra <i>Examination by a physiatrist</i>	65,00 €
Kontrolni pregled fizijatra <i>Specialist control examination by a physiatrist</i>	50,00 €
Fizikalna terapija individualna <i>Physical therapy</i>	40,00 €
Fizikalna terapija individualna (Paket program – 10 tretmana, do 3 procedure/do 5 procedura) <i>Physical therapy</i> <i>(Package program - 10 treatments, up to 3 procedures/up to 5 procedures)</i>	300,00/390,00 €
Fizikalna terapija grupna (2 dolaska tjedno) <i>Physical therapy group program (2 weekly arrivals)</i>	65,00 €
Fizikalna terapija grupna (3 dolaska tjedno) <i>Physical therapy group program (3 weekly arrivals)</i>	75,00 €
Medicinski fitness (2 dolaska tjedno) <i>Medical fitness (2 weekly arrivals)</i>	65,00 €
Medicinski fitness (3 dolaska tjedno) <i>Medical fitness (3 weekly arrivals)</i>	75,00 €
Kineziterapija <i>Kinesitherapy</i>	30,00 €
Kineziterapija (Paket program – 10 tretmana) <i>Kinesitherapy (Package program - 10 treatments)</i>	280,00 €
Manualna limfna drenaža (30/55 min) <i>Manual lymphatic drainage (30/55 min)</i>	60,00/95,00 €
Pilates grupne vježbe (1 jutarnji session) <i>Pilates group classes (1 morning session)</i>	20,00 €
Pilates grupne vježbe (8 treninga, 2x tjedno) <i>Pilates group classes (8 training sessions, 2x per week)</i>	320,00 €

Ortopedija | *Orthopedics*

Pregled ortopeda <i>Orthopedics examination</i>	100,00 €
Ortopedija - aplikacija Hyalubrix 60 <i>Orthopedics - Hyalubrix</i>	250,00 €
Ortopedija - aplikacija Hyalubrix 60 + UZV <i>Orthopedics - Hyalubrix + ultrasound scan</i>	280,00 €
Ortopedija - aplikacija Hymovis <i>Orthopedics - Hymovis</i>	700,00 €
Ortopedija - aplikacija Hymovis + UZV <i>Orthopedics - Hymovis + ultrasound scan</i>	760,00 €

Opća medicina | *General medicine*

Pregled liječnika 24/7	200,00 €
<i>Medical doctor examination 24/7</i>	
Pregled liječnika 24/7 (vikend)	250,00 €
<i>Medical doctor examination 24/7 (weekend)</i>	
Pregled liječnika 24/7 (blagdan)	300,00 €
<i>Medical doctor examination 24/7 (holiday)</i>	

Akupunktura | *Acupuncture*

Akupunktura - prvi pregled i tretman	70,00 €
<i>Acupuncture - first examination and treatment</i>	
Akupunktura - 1 tretman	50,00 €
<i>Acupuncture - 1 treatment</i>	
Akupunktura (Paket program - 10 tretmana)	400,00 €
<i>Acupuncture (Package program - 10 treatments)</i>	

Nutricionizam | *Nutritionism*

Nutricionistički pregled i personalizirani plan prehrane*	150,00 €
<i>Nutritionist examination and personalized diet plan*</i>	

Laboratorijsko testiranje | *Laboratory testing*

Genska analiza Tricho test	290,00 €
<i>Genetic analysis Tricho test</i>	
Genska analiza Acne test	290,00 €
<i>Genetic analysis Acne test</i>	
Genska analiza NutriGen test	490,00 €
<i>Genetic analysis NutriGen test</i>	

* Plan prehrane se dostavlja unutar 48 sati od završenog nutricionističkog pregleda. | *The diet plan will be sent within 48 hours after completing the nutritionist examination.*

Depilacije / Waxing

DEPILACIJE LYCON | LYCON WAXING

Lycon depilacija je gotovo bezbolna metoda uklanjanja suvišnih dlačica. Vosak je izrazito elastičan, jednostavan za upotrebu, primjeren je za sve tipove kože te učinkovit za uklanjanje i najkraćih i najtvrdokornijih dlačica.

Lycon waxing is an almost painless method of removing excess hair. The wax is extremely elastic, easy to use, suitable for all skin types and effective for removing even the shortest and most stubborn hairs.

Noge 1/2 <i>Half leg</i>	30 min	50,00 €
Noge 1/1 <i>Full leg</i>	45 min	60,00 €
Pazduh <i>Armpit</i>	20 min	32,00 €
Nadusnice <i>Upper lip</i>	10 min	18,00 €
Obrve <i>Eyebrows</i>	15 min	18,00 €
Ruke cijele <i>Full arm</i>	20 min	40,00 €
Ruke podlaktice <i>Half arm</i>	15 min	32,00 €
Bikini <i>Bikini line</i>	10 min	32,00 €
Braziliana <i>Brazilian</i>	20 min	45,00 €

Terapijski paketi / Therapeutic packages

ANTI-AGE PAKET | ANTI-AGE PACKAGE

Potpuna obnova lica sa naglaskom na usporavanje prirodnog procesa starenja kože.

Paket se sastoji od:

- četiri tretmana SkinPen za regeneraciju tkiva
- dva tretmana Zo Skin Brightening za ujednačen i svjež ten
- jedan Zo Skin Ultra Hydration tretman za intenzivnu hidrataciju

Complete facial renewal with an emphasis on slowing down the natural aging process of the skin. This package consists of:

- four SkinPen skin regeneration treatments*
- two Zo Skin Brightening treatments for an even and radiant complexion*
- one Zo Skin Ultra Hydration treatment for intensive hydration*

755,00 €

SENSITIVE SKIN PAKET | SENSITIVE SKIN PACKAGE

Njega osjetljive kože nikada nije bila jednostavnija i učinkovitija. Čista koža i odabir pravih tretmana preduvjet je za njeno zdravlje. Kombinacijom tri Aquapeel i tri Invisapeel sensitive tretmana, uklanjamo nečistoće i gradimo obrambenu barijeru osjetljive kože.

Sensitive skin care has never been simpler and more effective. Clean skin and right treatments choice are crucial for health of the skin. By combining three Aquapeel and three Invisapeel sensitive treatments, we remove impurities and build a defensive barrier of sensitive skin.

365,00 €

ACNE & OIL CONTROL PAKET | ACNE & OIL CONTROL PACKAGE

Upalni procesi na licu i ožiljkasto tkivo koje ostaje za njima, često znaju utjecati na kvalitetu života osobe. Kako bi izbrisali tragove problematične kože u ovom paketu dostupna su tri tretmana ZO Skin Acne & Oil control koji će smiriti upale i reducirati pojavu istih. Nakon nestanka upalnih procesa SkinPen tretmanima u tri posjeta regeneriramo tkivo i brišemo ožiljke.

Inflammatory processes on the face and scar tissue that remains after, often affect the quality of person's life. To remove traces of problematic skin three treatments Zo Skin Acne & Oil control are used to calm inflammation and reduce the appearance of new inflammatory processes. After we resolve inflammatory processes, we make three SkinPen treatments to regenerate the tissue and erase the scars.

590,00 €

MED CONTOUR MULTIPOWER PAKETI | MED CONTOUR MULTIPOWER PACKAGES

Med Contour Multipower zvijezda je neinvazivnog tretiranja lica i tijela u svrhu uklanjanja lokaliziranih masnih naslaga i celulita, smanjenje obujma tijela, zatezanja kože i limfne drenaže.

Med Contour Multipower is the superstar of non-invasive face and body treatments for the purpose of removing localized fatty deposits and cellulite, reducing body circumference, tightening of the skin and lymphatic drainage.

4 regije (trbuh, leđa, stražnjica ili natkoljenice) | 4 regions (abdomen, back, buttocks or thighs)
4+2 GRATIS 1.352,00 €

2 regije (trbuh & leđa ili stražnjica & natkoljenice) | 2 regions (abdomen & back or buttocks & thighs)
4+2 GRATIS 955,00 €

1 velika regija (trbuh, leđa, natkoljenica ili stražnjica) | 1 large region (abdomen, back, thighs or buttocks)
4+2 GRATIS 635,00 €

1 mala regija (koljena ili ruke) | 1 small region (knees or arms)
4+2 GRATIS 315,00 €

Med Visage - lice | Med Visage - face
4+2 GRATIS 530,00 €

Članarine / Membership

DNEVNA ČLANARINA SPA CENTAR <i>Daily membership Spa centre</i>	35,00 €
DNEVNA ČLANARINA - DJECA <i>Daily membership - children</i>	20,00 €
MJESEČNE ČLANARINE INDIVIDUAL <i>Monthly individual membership</i>	190,00 €
MJESEČNE ČLANARINE JUNIOR <i>Monthly junior membership</i>	95,00 €
MJESEČNE ČLANARINE DUO <i>Monthly duo membership</i>	340,00 €
MJESEČNE ČLANARINE FAMILY <i>Monthly family membership</i>	440,00 €

Djeca 0-2,99 godina u pratnji korisnika wellnesa imaju besplatan ulaz, dječja članarina vrijedi za djecu 3-11,99 godina. 1.6.-31.8.2026. - Vanjski plivački bazen i teretana - namijenjeni su osobama starijima od 16 godina.

Grupne vježbe: **Jutarnji session** - min 4 osobe / max 15 osoba | **Grupni trening** - min 4 osobe / max 8 osoba

Children aged 0-2.99 years enjoy complimentary access when accompanied by a wellness member. Children's membership is available for children aged 3-11.99 years.

From 1 June to 31 August 2026, the outdoor swimming pool and fitness centre are available exclusively to guests aged 16 and above.

*Group Classes: **Morning Session** – min 4 persons/ max 15 persons | **Group Training** – min 4 persons/ max 8 persons*

DNEVNA ČLANARINA

- korištenje bazena (unutarnji i vanjski)
- saune i sunčalište/relax zona
- svlačionice i tuševi
- veliki ručnik za bazen

- Access to indoor and outdoor swimming pools
- Sauna facilities and sun deck/relaxation area
- Changing rooms and showers
- Large pool towel

MJESEČNA ČLANARINA

- neograničeno korištenje bazena (unutarnji i vanjski)
- saune i sunčalište/relax zona
- svlačionice i tuševi
- veliki ručnik za bazen i mali ručnik za teretanu
- korištenje teretane
- 10% popusta na sve usluge MedSpa & Wellness centra
- 1 dnevna karta za korištenje wellness sadržaja za Vašeg gosta
- 1 masaža od 30 minuta (Relax)

- Unlimited access to indoor and outdoor swimming pools
- Sauna facilities and sun deck/relaxation area
- Changing rooms and showers
- Large pool towel and small gym towel
- Access to the fitness centre
- 10% discount on all MedSpa & Wellness Centre services
- One complimentary wellness day pass for your guest
- One 30-minute Relax Massage

MedSpa Wellness centre & Polyclinic Life

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E. poliklinika@hotelpresident.hr

W. www.medspalife.hr

RADNO VRIJEME

ponedjeljak - nedjelja

09:00 - 21:00

OPENING HOURS

monday - sunday

09:00 - 21:00