



SPA & CLINIC MENU

2025

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*...trained to read your health past, understand and treat your health present,
and lead you to a healthy future....*

Medicinski Spa & Wellness centar Life promiče poticanje obnove, vitalnosti i ljepote življena baziran na višestoljetnim principima prirodne, balansiranoj mediteranskoj prehrani te personaliziranim potrebama pojedinca za korištenjem suvremene medicine.

Smješteni u samom srcu grada Solina, u zelenoj oazi luksuznog hotela President***** svojim korisnicima nudimo holistički pristup do ukupnog tjelesnog i duhovog zadovoljstva, koristeći najsuvremeniji pristup wellness & spa tretmanima, fitnessu & rekreaciji, estetici i dermatologiji te nizu medicinskih usluga.

Unutar Medicinskog Spa & Wellness centra nalazi se Poliklinika Life čije je stručno osoblje posvećeno njezi i zdravlju Vašeg lica i tijela, pružajući najkvalitetniju dermatološku i estetsku njegu kože individualiziranim i integrativnim pristupom svakom korisniku.

*Medical Spa & Wellness Centre Life promotes regeneration, vitality, and beauty of living based on the cutting-edge medical and wellbeing science, interdisciplinary expertise, and the highest-standard facilities and products. Located in the very centre of town Solin, in the green oasis of luxury President***** hotel, we offer holistic approach to our clients on their way to physical and spiritual wellbeing through a wide range of services: modern wellness & spa treatments, fitness and recreation, medical consultations and procedures with the main focus on holistic wellbeing and aesthetics.*

As a part of the Medical Spa & Wellness Centre, the Life clinic with experienced medical staff is dedicated to supporting clients who would benefit from dermatological and rehabilitation medical advice and treatments. We place great emphasis on providing the highest quality medical and wellbeing services with an individualized and integrative approach as the optimal method of achieving individual needs of our satisfied clients.

Masaže / Massage

MASAŽA STOPALA I FOOT MASSAGE

Posebno osmišljena za umorna i teška stopala. Terapeut čvrstim pokretima stimulira refleksne zone stopala i nježnim glađenjem opušta napete mišiće.

Specially designed for heavy, tired feet. Therapist uses firm movements in order to stimulate foot reflex points and soothing long gliding strokes to relax sore muscles.

30 min

60,00 €

MASAŽA LICA I FACIAL MASSAGE

Masažom lica se uklanja krutost i napetost, potiče regeneracija kože lica, pospješuje cirkulacija i poboljšava tonus lica.

Facial massage removes stiffness and tension, stimulates facial skin regeneration, improves circulation and improves facial tone.

30 min

60,00 €

DEEP TISSUE

Ova masaža utječe na opuštanje dubokih tkiva i slojeva mišića. Rješenje je za kroničnu napetost tijela za sve one koji vole snažniji pritisak i za oporavak od sportskih aktivnosti.

This massage technique makes deep tissues and muscles relax. It represents solution for chronic tension of the body, suitable for people who prefer stronger pressure and those recovering from sports activity.

55 min

100,00 €

RELAX MASAŽA I RELAX MASSAGE

Ujednačeni, dugi pokreti ove masažne tehnike služe potpunom opuštanju tijela i uma. Blagi dodir terapeuta i posebna posvećenost relaksaciji mišića prigodni su čak i za djecu.

Rhythmic, long movements of this massage technique will completely relax the body and mind. The mild touch of the therapist and the special dedication to muscle relaxation are suitable even for children.

55 min/85 min

90,00 €/125,00 €

MASAŽA SA SVIJEĆAMA | CANDLE MASSAGE

Opuštajuća masaža u intimnom ambijentu osvjetljenom plamenom svijeće umirit će vaš um i nahraniti vaše tijelo. Obogaćene esencijalnim uljima i shea maslacem, tople svijeće posebno dizajnirane za masažu u kombinaciji sa vještim rukama naših terapeuta otkrit će vam sasvim novo iskustvo užitka.

A relaxing massage in an intimate atmosphere illuminated by the flame of a candle will soothe your mind and nourish your body. Enriched with essential oils and shea butter, warm candles specially designed for massage combined with the skillful hands of our therapists will reveal a whole new experience of pleasure.

55 min

115,00 €

MASAŽA TOPLIM MASLINOVIM ULJEM | WARM OLIVE OIL MASSAGE

Maslina, simbol Mediterana, poznata je po svojim ljekovitim svojstvima. Ulje masline korišteno u ovoj masaži obiluje antioksidansima, jača imunosni sustav i obnavlja kožu. Legenda kaže da je ovaj tretman nekada bio rezerviran samo za kraljeve a sada u njemu možete uživati i vi.

Olive, a symbol of Mediterrenian, is far known for it's healing properties. Olive oil used in this massage is rich with antioxidants, makes immune system stronger and regenerates the skin. Legend says this treatment used to be for royalty only but now you can enjoy it too.

55 min/85 min

100,00 €/135,00 €

MASAŽA TOPLOM ČOKOLADOM | HOT CHOCOLATE MASSAGE

Luksuzna masaža za sve one koji žele priuštiti sebi dobro zaslужen odmor. Miris čokolade potiče oslobođanje hormona sreće, toplina ugodu i opuštanje, a pokreti ruku terapeuta nezaboravno iskustvo masaže. Svilenkasto meka koža koja ostaje iza, samo je dodatni touch ovom užitku za sva osjetila.

Luxury massage made for everyone yearning for well deserved rest. Chocolate scent stimulates happiness hormone secretion, warmth comfort and relaxation and therapist movements unforgettable massage experience. Silky smooth skin that stays behind is just one of the special touches to this experience for all senses.

55 min

115,00 €

PRESIDENT ROYAL MASAŽA I PRESIDENT ROYAL MASSAGE

Kraljevski tretman u kojem ćete uživati u harmoničnim pokretima dvaju terapeuta za najbrži učinak potpune relaksacije. Hranjivo toplo ulje i ritmična masaža učinit će sve kako bi se vaše tijelo, glava i lice odmorilo od užurbane svakodnevice.

Royal treatment tailored for you to enjoy in harmonic movement of two massage therapists for the fastest relaxation effect. Nourishing warm oil and rhythmic massage will give your body, head and face a break from the hectic everyday life.

85 min

200,00 €

MEDICINSKA MASAŽA I MEDICAL MASSAGE

Medicinska masaža je vrsta fizikalne terapeutske tehnike koja se izvodi u borbi protiv bolesti ili poremećaja lokomotornog sustava i poboljšanja zdravlja i dobrobiti klijenta. Pomaže u dopuni cjelokupnog plana liječenja, olakšava zacjeljivanje, poboljšava fleksibilnost i povećava opseg pokreta.

Medical massage is a type of physical therapeutic technique performed to combat a disease or disorder of locomotor system and improve a client's health and well-being. It helps supplement a client's overall medical treatment plan, it facilitates healing, improves flexibility, makes scar tissue more pliable and increases range of motion.

45 min

115,00 €

Tretmani lica / Face treatments

RED CARPET PEEL ZO Skin

Obvezan tretman za grubu i kožu bez sjaja budući da sadrži novu i unikatnu kombinaciju sastojaka za eksfolijaciju kako bi obnovio i pružio zdraviji izgled kože. Bez neželjenih učinaka ovo je ultimativni protokol u potpunosti orijentiran na trenutni rezultat kojem teže mnogi klijenti.

"Must have" treatment for skin that feels rough or looks dull, as it uses new, unique combination of exfoliating ingredients to renew and revive skin. With no downtime, this is the ultimate results-oriented treatment that many of our clients have been looking for.

30 min

65,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTAINANCE
svakih 4-6 tjedana
every 4-6 weeks

ACNE & OIL CONTROL ZO Skin

Tretman za akne i kontrolu viška masnoće na koži. Pospješuje čišćenje kože i sprječava izbijanje akni.

Treatment for acne and skin oilness control helps to clear skin and prevent acne breakouts.

50 min

90,00 €



NAMIJENJEN ZA/INDICATED FOR
akne, masna rozacea
acne, oily rosacea



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTAINANCE
svakih 4-6 tjedana
every 4-6 weeks

BRIGHTENING TRETMAN ZO Skin | BRIGHTENING TREATMENT ZO Skin

Tretman za posvjetljivanje. Rješava probleme sa hiperpigmentacijom te pomaže u otklanjanju tamnih mrlja i neujednačenog tona kože.

Treatment designed to target pigment-related issues to help address dark patches and uneven skin tone.

50 min

110,00 €



NAMIJENJEN ZA/INDICATED FOR
hiperpigmentaciju
hyperpigmentation



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTAINANCE
svakih 4-6 tjedana
every 4-6 weeks

INVISAPEEL SENSITIVE TRETMAN ZO Skin | INVISAPEEL SENSITIVE TREAT. ZO Skin

Tretman obnove kože bez oporavka, namijenjen svim tipovima kože, čak i osjetljivoj i neotpornoj koži. Pruža nježnu eksfolijaciju koja trenutno koži daje zdravi sjaj, vraća hidrataciju te ujednačuje ton kože.

A no down-time, resurfacing treatment for all skin types, even sensitive and weak skin. This treatment provides gentle exfoliation that immediately revives dull-looking skin, replenishes skin moisture and minimizes the appearance of discoloration, thus promoting a more even skin tone.

50 min

90,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože, posebno osjetljivu
all skin types, especially sensitive skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTENANCE
svakih 4-6 tjedana
every 4-6 weeks

ULTRA HYDRATION ZO Skin

Tretman namijenjen posebno suhoj, dehidriranoj koži kako bi joj se vratilo olakšanje, hidratacija te zaglađena tekstura.

Treatment designed specifically to target dry, dehydrated skin to restore hydration, and to provide soothing, cooling and calming comfort.

50 min

100,00 €



NAMIJENJEN ZA/INDICATED FOR
suhu, dehidriranu i neotpornu kožu
dry, dehydrated and weak skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTENANCE
svakih 4-6 tjedana
every 4-6 weeks

SOURCE MARINE RITUAL Thalgo

Vitalna snaga koncentrirane morske vode u pomno razrađenom tretmanu za sve tipove kože. Ovaj ritual podiže razinu hidratacije kod dehidrirane kože, vraća joj blistavost i pruža baršunasti osjećaj na koži.

The vital force of the Oceans concentrated at the heart of a carefully tailored treatment to meet the specific needs of every skin type. This facial lastingly corrects the hydration level of dehydrated skin, deeply replenishes and restores the skin's velvety-smooth feel and original radiance.

30 min/60 min

60,00 €/75,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

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ODRŽAVANJE/MAINTENANCE
dva puta mješecno
twice per month

SPIRULINA BOOST Thalgo

Morski booster prilagođen koži lica koju prati urbani stil života. Tretman za detoksifikaciju i osvježenje kože lica, obnavlja i vraća svježinu, bori se protiv prvih znakova starenja kože uzrokovanih urbanim načinom života (zagađenje, umor, stres). *The marine shot** for urban skin! The treatment for detoxification and refreshment of facial skin, regenerates and restores freshness, combats the first signs of skin aging caused by the urban lifestyle (pollution, fatigue, stress).*

60 min

95,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

-



ODRŽAVANJE/MAINTENANCE
svaka dva tjedna
every two weeks

Mesopeel MD LACTIC

Ovaj kemijski piling visoke otpornosti s učinkom hidratacije namijenjen je osjetljivoj, suhoj i bezivotnoj koži. Mlijeca kiselina stimulira proizvodnju kolagena, ima prirodni hidratizirajući učinak te stimulira sintezu ceramida i regulira rad zaštitne barijere.

This highly resistant chemical peel with a hydrating effect is intended for sensitive, dry and lifeless skin. Lactic acid stimulates collagen production, has a natural hydrating effect, stimulates ceramide synthesis and regulates the function of the protective barrier.

30 min

80,00 €



NAMIJENJEN ZA/INDICATED FOR
suhu, dehidriranu i neotpornu kožu
dry, dehydrated and weak skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

svakih 3-4 tjedna
every 3-4 weeks



ODRŽAVANJE/MAINTENANCE
svakih 2-3 mjeseca
every 2-3 months

Mesopeel MD MANDELIC

Zahvaljujući blagom, ali učinkovitom djelovanju, ovaj kemijski piling na bazi mandelične kiseline nježno eksfolira, potiče regeneraciju kože, smanjuje hiperpigmentacije, sužava pore i poboljšava ujednačenost tena – bez iritacije i vidljivog ljuštenja.

Thanks to its mild but effective action, this treatment gently exfoliates, stimulates skin regeneration, reduces hyperpigmentation, tightens pores, and improves skin tone uniformity - without irritation or visible peeling.

30 min

80,00 €



NAMIJENJEN ZA/INDICATED FOR
osjetljivu, masnu i seboroičnu kožu
sensitive, oily and seborrhoeic skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

4 do 6 tretmana (svakih 1-2 tjedna)
4 to 6 treatments (every 1-2 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 2-3 mjeseca
every 2-3 months

Mesopeel MD SALICYLIC

Kemijski piling na bazi salicilne kiseline zahvaljujući snažnom keratolitičkom i protuupalnom djelovanju dubinski čisti pore, uklanja višak sebuma, smanjuje nepravilnosti i sprječava nastanak novih akni.

Thanks to its powerful keratolytic and anti-inflammatory properties, this salicylic acid-based chemical peeling deeply cleanses pores, removes excess sebum, reduces imperfections, and helps prevent new acne.

30 min

80,00 €



NAMIJENJEN ZA/INDICATED FOR
osjetljivu, masnu i seboroičnu kožu
sensitive, oily and seborrhoeic skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 1-2 tjedna)
4 to 6 treatments (every 1-2 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 2-3 mjeseca
every 2-3 months

Mesopeel MD RETIFLASH

Piling na bazi retinola i pro-retinola zahvaljujući snažnom regenerativnom i anti-age djelovanju potiče proizvodnju kolagena, ujednačava ten, smanjuje bore i fine linije te vraća koži mladenački sjaj.

Thanks to its powerful regenerative and anti-aging effects, this retinol and pro-retinol-based peel stimulates collagen production, evens out the complexion, reduces wrinkles and fine lines, and restores the skin's youthful glow.

30 min

90,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
3 do 5 tretmana (svakih 1-2 tjedna)
3 to 5 treatments (every 1-2 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 6 mjeseci
every 6 months

Mesopeel MD MELANOSTOP TRAN3X

Namijenjen osobama koje se bore s diskoloracijom kože. Omogućava vidljivo poboljšanje tona i svjetline. Pomaže uravnotežiti i regulirati proces melanogeneze, uništavajući melanin u epidermalnim stanicama koji je odgovoran za promjenu boje kože.
Specifically designed for those dealing with skin discoloration. It provides a visible improvement in skin tone and brightness, helping to balance and regulate the melanogenesis process by targeting melanin in epidermal cells responsible for discoloration.

30 min

90,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 2-3 tjedna)
4 to 6 treatments (every 2-3 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 3-4 mjeseca
every 3-4 months

Mesopeel MD AZELAN RX

Piling s protuglivičnim, antibakterijskim i komedolitičkim svojstvima. Smanjuje reaktivne manifestacije kože, kao što su: crvenilo, svrbež, peckanje i iritacija. Ublažava lomljivost kapilara i crvenilo, umiruje kožu.

This peel has antifungal, antibacterial, and comedolytic properties. It helps reduce reactive skin symptoms such as redness, itching, burning, and irritation. Additionally, it alleviates capillary fragility, diminishes redness, and soothes the skin.

30 min

90,00 €



NAMIJENJEN ZA/INDICATED FOR
masnu i kožu sklonu aknama
oily, acne-prone skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 2-3 tjedna)
4 to 6 treatments (every 2-3 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 3-4 mjeseca
every 3-4 months

Mesopeel MD OXYAGE

Ovaj piling pomaže u smanjenju površinskih nesavršenosti kože, dok ujednačava ton i teksturu. Smanjuje pore, oksigenizira i pročišćava kožu. Osim toga, regulira proizvodnju sebuma, potiče regeneraciju stanica i podupire obnovu tkiva.

This retexturizing peel helps to reduce superficial skin imperfections, while evening out tone and texture. It minimizes pores, oxygenates, and purifies the skin. Additionally, it regulates sebum production, promotes cell regeneration, and supports tissue repair.

30 min

100,00 €



NAMIJENJEN ZA/INDICATED FOR
sve tipove kože
all skin types



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS
4 do 6 tretmana (svakih 2-3 tjedna)
4 to 6 treatments (every 2-3 weeks)



ODRŽAVANJE/MAINTENANCE
svakih 3-4 mjeseca
every 3-4 months

ADD ON MEDICINSKO ČIŠĆENJE LICA | ADD ON MEDICAL FACIAL CLEANSING

Dodatak tretmanima lica kojim rješavamo problematiku zatvorenih i otvorenih komedona.

Add on to our facial treatments. Extraction of closed (blackheads) and open (whiteheads) comedons.

30 min

20,00 €

Advanced technology tretmani

AQUAPEEL

Aquapeel tretman predstavlja najnoviji napredak ne-laserske obnove kože. INNOFACIAL je jedina hidrodermoabrazivna procedura koja kombinira čišćenje, eksfolijaciju, ekstrakciju, hidraciju i antioksidativnu zaštitu u jednom, što za rezultat ima čišću, ljepšu kožu sa osjećajem ugode i bez potrebe za oporavkom. Ovaj tretman je umirujući, hidratantan, neinvazivan i neagresivan prema koži.

The "Aquapeel" treatment is the newest advance in non-laser skin resurfacing. INNOFACIAL is the only hydradermabrasion procedure that combines cleansing, exfoliation, extraction, hydration and antioxidant protection simultaneously, resulting in clearer, more beautiful skin with nodiscomfort or downtime. The treatment is soothing, moisturizing, non-invasive and non-irritating.

Aquapeel lica | Aquapeel face

50 min	90,00 €
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Aquapeel tjemena | Aquapeel scalp

50 min	110,00 €
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Aquapeel tijela | Aquapeel body

50 min	190,00 €
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NAMIJENJEN ZA/INDICATED FOR

sve tipove kože, čišćenje, hiperpigmentacije, masnu kožu sklonu aknama
all skin types, skin cleansing, hyperpigmentation, oily skin prone to acne



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

jednom tjedno tijekom jednog mjeseca
once a week for a month



ODRŽAVANJE/MAINTENANCE

svakih 4-6 tjedana
every 4-6 weeks

INNOFACIAL
Premium Dual Aqua Peeling System

SKINPEN

Minimalno invazivan tretman s vrlo kratkim vremenom oporavka.

SkinPen je prvi uređaj s mikroiglicama koji je dobio odobrenje Američke administracije za hranu i lijekove za sterilni spremnik. Tretman je relativno bezbolan zahvaljujući anestetskoj kremlji koja se nanosi prije samog tretmana, a oporavak je minimalan i moguće se odmah vratiti standardnim aktivnostima. Ne preporučuje se nanošenje šminke, znojenje, sunčanje 24 sata nakon tretmana.

Skin-Pen Precision is a minimally invasive treatment followed by a very short recovery period.

SkinPen is the first microneedling device approved by the FDA (American Food and Drug Administration) with sterile disposable micro needle cartridge. Treatment itself is relatively painless due to a local anesthetic being applied. Recovery time is minimal and it is possible to get back to your usual daily activities right after the treatment. Applying make up, sweating and sunbathing is not recommended at least 24 hours after the procedure.

SkinPen lica | SkinPen face

50 min 175,00 €

SkinPen lica, vrata i dekoltea | SkinPen face, neck & cleavage

60 min 305,00 €

SkinPen + PRP lica | SkinPen + PRP face treatment

50 min 425,00 €



NAMIJENJEN ZA/INDICATED FOR

hiperpigmentacije, strje, ožiljke od akni, razne ožiljke, melazma, bore, neujednačen ten
hyperpigmentation, stretch marks, acne scars, various scars, melasma, wrinkles and fine lines, uneven skin tone and texture



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

jednom mjesечно kroz period od 4 mjeseca
once a month during 4 months period



ODRŽAVANJE/MAINTENANCE

svakih pola godine

every 6 months

SkinPen®
BY CROWN AESTHETICS

MEZOTERAPIJA | MESOTHERAPY

Mezoterapija je minimalno invazivna procedura koja se danas primjenjuje za različita medicinska stanja i estetske tretmane. Injiciranjem koktela (hijaluronska kiselina, aminokiseline, vitamini, minerali, faktori rasta) vrlo tankom iglom, postiže se dopremanje najučinkovitijih revitalizirajućih sastojaka u odabrana područja kože. Potaknuti procesi duboke regeneracije, revitalizacije i hidratacije kože rezultiraju mladolikom, zategnutom i sjajnjom kožom.

Mesotherapy is a minimally invasive procedure used for different medical conditions and aesthetic treatments. By injecting a cocktail (hyaluronic acid, amino acids, vitamins, minerals, growth factors) with a very thin needle, the delivery of the most effective revitalizing ingredients to selected areas of the skin is achieved. Stimulated processes of deep regeneration, revitalization and hydration of the skin result in youthful, taut and radiant skin.

Mezoterapija lica | Mesotherapy face

50 min 200,00 €

Mezoterapija lica i dekoltea | Mesotherapy face and cleavage

60 min 265,00 €

Mezoterapija tjemena | Mesotherapy scalp

50 min 135,00 €

Mezoterapija tijela Strimatrix | Mesotherapy Strimatrix body

30 min 110,00 €

Mezoterapija tijela Cellutrix | Mesotherapy Cellutrix body

30 min 160,00 €



NAMIJENJEN ZA/INDICATED FOR

svi tipovi kože, ožiljci, bore i fine linije, opuštena koža, celulit, narančina kora, prorijedena kosa, problemi s vlasistom
all skin types, scars, wrinkles and fine lines, saggy skin, cellulite, dimpled skin, impaired hair growth, scalp problems



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika

as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika

as recommended by the doctor

MED CONTOUR MULTIPOWER

Med Contour Multipower uređaj je nove generacije u svojoj kategoriji koji kombinira ultrazvuk i radiofrekvenciju za učinkovito, sigurno i bezbolno nekirurško oblikovanje tijela, uklanjanje celulita, zatezanje kože i pomlađivanje lica.

Med Contour Multipower zvijezda je neinvazivnog tretiranja lica i tijela u svrhu uklanjanja lokaliziranih masnih naslaga i celulita, smanjenje obujma tijela, zatezanja kože i limfne drenaže.

Med Contour Multipower is a next-generation device in its category that combines ultrasound and radio frequency for efficient, safe and painless non-surgical body shaping, cellulite removal, skin tightening and facial rejuvenation.

Med Contour Multipower is the superstar of non-invasive face and body treatments for the purpose of removing localized fatty deposits and cellulite, reducing body circumference, tightening of the skin and lymphatic drainage.

4 regije (trbuš, leđa, stražnjica i natkoljenice) | *4 regions (abdomen, back, buttocks and thighs)*

120 min 330,00 €

2 regije (trbuš & leđa ili stražnjica & natkoljenice) | *2 regions (abdomen & back or buttocks & thighs)*

60 min 240,00 €

1 velika regija (trbuš, leđa, natkoljenica ili stražnjica) | *1 large region (abdomen, back, thighs or buttocks)*

45 min 160,00 €

1 mala regija (koljena ili ruke) | *1 small region (knees or arms)*

30 min 80,00 €

Med Visage - lice | *Med Visage - face*

60 min 130,00 €



NAMIJENJEN ZA/INDICATED FOR

sve tipove kože, bore i fine linije, opuštena koža, celulit, narančina kora
all skin types, wrinkles and fine lines, saggy skin, cellulite, dimpled skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

šest tretmana kroz period od šest tjedana
six treatments during six weeks period



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

Med Contour
MULTIP@WER

PRP LICA - terapija matičnim stanicama | PRP face - platelet-rich plasma

Pomlađivanje kože vlastitom krvlju bogatom matičnim stanicama i faktorima rasta (PRP) je revolucionarna terapija izdvajanja plazme bogate faktorima rasta iz vlastite krvi. Injiciranjem iste u kožu potiče se proces stimulacije produkcije kolagena i elastičnih vlakana, te revitalizacije kože.

Rejuvenating skin with blood rich in stem cells and growth factors (PRP) is a revolutionary therapy for extracting plasma rich in growth factors from one's own blood. Injecting it into the skin stimulates the process of production of collagen and elastic fibers, and skin revitalization.

50 min

330,00 €



NAMIJENJEN ZA/INDICATED FOR

neujednačen ten, loša tekstura kože, gubitak čvrstoće i elastičnosti kože, fine linije i bore, akne, hiperpigmentacija
uneven complexion, poor skin texture, loss of skin firmness and elasticity, fine lines and wrinkles, acne, hyperpigmentation



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

PRP VLASIŠTA - terapija matičnim stanicama | PRP scalp - platelet-rich plasma

PRP terapija vlasišta potiče ubrzan rast kose, zbog čega je ova metoda u svijetu vrlo popularna kod rješavanja problema alopecije, odnosno čelavosti.

PRP scalp therapy stimulates accelerated hair growth, which is why this method is very popular for solving the problem of alopecia or baldness.

50 min

330,00 €



NAMIJENJEN ZA/INDICATED FOR

ispadanje i oslabljen rast kose
hair loss and impaired hair growth



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

BOTOX BOCOUTURE - terapija bora lica | *anti-wrinkle therapy*

Botox terapija lica je učinkovita metoda za održavanje mladolikog izgleda i smanjenje vidljivosti bora i linija na koži. Precizno se injektira u kožu u vrlo malim količinama kako bi se blokirao rad pojedinih mišića koji sudjeluju u mimici lica čime se postiže uravnotežen učinak mlađe kože.

Botox facial therapy is effective for maintaining a youthful appearance and reducing the visibility of wrinkles and lines on the skin. It is precisely injected into the skin in very small quantities to block the work of certain muscles that participate in facial expressions, which achieves a balanced effect on younger skin.

30 min	50 units	330,00 €
30 min	2x50 units	525,00 €



NAMIJENJEN ZA/INDICATED FOR

osobe koje imaju bore na čelu, vertikalne bore na čelu (tzv. bore mrštilice) i sitne bore s vanjske strane očiju (tzv. bore smjalice)
people have wrinkles on the forehead, vertical wrinkles on the forehead, and small wrinkles on the outside of the eyes



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

BOTOX BOCOUTURE - terapija protiv znojenja | *excessive sweating treatment*

Botox terapija protiv znojenja je rješenje za osobe koje pate od pretjeranog znojenja. Djeluje se na način da se privremeno blokira provodljivost kemijskih signala živaca koji djeluju na stimulaciju znojnih žljezda.

Botox anti-sweating therapy is a solution for people who suffer from excessive sweating. It works by temporarily blocking the conduction of chemical nerve signals that stimulate the sweat glands.

30 min	2x50 units	525,00 €
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NAMIJENJEN ZA/INDICATED FOR

osobe koje muči problem prekomjernog znojenja
people suffering from the problem of excessive sweating



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

BOCOUTURE®

DERMALNI FILERI NEAUVIA I DERMAL FILLERS NEAUVIA

Neauvia fileri omogućuju precizno oblikovanje lica, dajući prirodan i osvježen izgled kože. Osim toga, potiču obnovu kolagena, čime dugoročno doprinose zdravlju kože. *Neauvia fillers enable precise shaping of the face, giving the skin a natural and refreshed appearance. In addition, they stimulate the renewal of collagen, thus contributing to the health of the skin in the long term.*

30 min	1 ml	330,00 €
30 min	4 tretmana 4 treatments	1.055,00 €



NAMIJENJEN ZA/INDICATED FOR

osobe s izraženijim prvim borama, popunjavanje usana, oblikovanje nosa, čeljusti i brade, brisanje podočnjaka te pomlađivanje područja ruku, vrata i dekoltea
people with more pronounced first wrinkles, lip filling, shaping of the nose, jaw and chin, erasing dark circles and rejuvenation of the arms, neck and décolletage area



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

NEAUVIA™

SKIN BOOSTER SUNEKOS I SKIN BOOSTER SUNEKOS

Skinboosteri su vrsta injekcijskih estetskih tretmana koji, kako im samo ime kaže, „boostaju”, odnosno poboljšavaju vlažnost kože i stimuliraju proizvodnju kolagena. Vrlo su učinkovit način usporavanja procesa starenja ili obnavljanja kože.

Skinboosters are a type of injectable aesthetic treatment that improves skin moisture and stimulates collagen production. They are a very effective way of slowing down the aging process or renewing the skin.

strije/celulit stretch marks/cellulite	10 ml/15ml	330,00 €
Performa & 1200	6,5 ml	380,00 €
Performa	3,5 ml	330,00 €
paket 3 tretmana 3 treatments package	13,5 ml	990,00 €



NAMIJENJEN ZA/INDICATED FOR

sve bez obzira na dobi i tip kože, osobe koje žele osvježiti i pomladiti izgled kože
all regardless of age and skin type, people who want to refresh and rejuvenate the appearance of the skin



ZA OPTIMALAN REZULTAT/OPTIMUM RESULTS

po preporuci liječnika
as recommended by the doctor



ODRŽAVANJE/MAINTENANCE

po preporuci liječnika
as recommended by the doctor

**sune
KOS**

Terapijski tretmani tijela / Therapeutic body treatments

PILING CIJELOG TIJELA | WHOLE BODY PEELING

Putovanje na Mediteran praćeno citrusnim notama. Uronite u vrt nevjerljatnih mediteranskih mirisa kako biste vratili mekoću i ikonsku ljepotu. Morska sol, smeđi šećer i esencijalna ulja se nježno utrjavaju preko cijelog tijela kako bi odstranili nečistoće i omogućili rast novih stanica kože.

Stopover in the Mediterranean, with a citrus prelude. Dive into a garden od delicious Mediterranean scents to reveal softness and original beauty. Sea salt, brown sugar and essential oils are gently rubbed all over the body to remove impurities and enable new skin to emerge.

30 min

75,00 €

MADEROTERAPIJA | MADEROTHERAPY

Masaža koja se izvodi sa posebno izrađenim drvenim valjcima. Prilikom pokreta koji uključuju korištenje drvenih elemenata potičemo limfni sustav tijela, a time oslobađamo tijelo od nakupljenih toksina, masnoće i celulita.

Massage preformed with wooden rollers designed to stimulate lymph circulation, remove cellulite and fat cells and to detox your body.

45 min

60,00 €

ANTICELULITNA MASAŽA | ANTI-CELLULITE MASSAGE

Namijenjena osobama koje žele eliminirati izgled narančine kore i masnih jastučića na tijelu. Snažna i energična masaža koja služi poticanju cirkulacije i ubrzavanju metabolizma.

Designed for elimination of dimpled skin and subcutaneous fat. Strong, energetic massage that stimulates lymphatic drainage and metabolism.

45 min

60,00 €

FRIGI THALGO

Krioterapijski omot za tijelo djeluje na osjećaj neugode i umora u nogama. Dobro je poznata učinkovitost kompleksa algi obogaćenih mentolom i kamforom koje se koriste u ovom tretmanu. Osjećaj bolnog umora u nogama nestaje i vraća se prirodna silueta.

A cryotherapy body wrap that relieves feelings of discomfort and fatigue in the legs. Effectiveness of the algae complex used in this treatment, enriched with menthol and camphor, is well known. Feeling of painful, tired legs disappear and refined silhouette reappears.

45 min

75,00 €

Rituali / Rituals

MER DES INDES

Ovaj harmonizirajući ritual inspiriran Ayurvedom koristi Marma znanost za vraćanje harmonije uma i tijela. Povedite svoja osjetila na putovanje u čarobnu Indiju opuštajućom kupkom s mlijekom, pilingom od đumbira i Mer des Indes masažom koja spaja znanost Marme i jogu.

This harmonising ritual inspired by Ayurveda uses Marma science to restore mind and body harmony. Take your senses on a journey to the sacred land of India with a milk bath, ginger exfoliating scrub and massage that combines the science of the Marmas and yoga.

85 min

185,00 €

PRODIGE DES OCÉANS FACE & BODY

Ovaj izuzetni ritual pruža ultimativnu revitalizaciju za mladenački izgled i istinsko opuštanje. Masaža lica inspirirana drevnim japanskim manualnim tehnikama faceliftinga vidno zaglađuje bore i vraća koži čvrstoću i elastičnost. Masaža tijela kombinira pokrete koji oslobađaju napetost za potpuno opuštanje.

This exceptional ritual offers the ultimate revitalisation for total youthfulness and deep relaxation. Face massage inspired by age-old Japanese manual facelift techniques visibly smoothens wrinkles and restores the skin's firmness and elasticity. The body massage combines manoeuvres that relieve tension for complete relaxation.

85 min

185,00 €

MEREVILLE ARCTIQUE

Veličanstveno iskustvo koje spaja toplinu i hladnoću, za duboku relaksaciju. Uputite se na otkrivanje čuda Arktika: pejzaže bijelog leda, toplih izvora i nevjerojatne morske flore i faune za nevjerojatno Spa iskustvo. Uživajte u dobrobitima drevnih nordijskih rituala gdje se izmjenjuju opuštajuća toplina i razbuđujuća hladnoća te vam pružaju umirenje tijela i otpuštanje napetosti.

Glorious experience created by bringing together heat and cold, for deep relaxation. Set off to discover the marvels of nature at the pole of the Earth: landscapes of immaculate white ice, sensorial hot springs, and incredible sea life, for an extraordinary Spa experience. Enjoy the benefits of ancient Nordic rituals, where relaxing heat and invigorating cold take turns calming the body and releasing tension on the body. A powerful and energetic massage that serves to stimulate circulation and speed up metabolism.

85 min

185,00 €

Posebni tretmani / Special treatments

ANALIZA KOŽE | SKIN ANALYSIS

Vrhunska njega kože počinje njenom detaljnom analizom. Digitalnom analizom dobivamo uvid u stanje dubljih slojeva kože, otkrivamo njenu pravu problematiku i možemo pratiti napredak terapije.

Top skin care begins with its detailed analysis. Digital analysis gives us an insight into the condition of the deeper layers of the skin, reveals its real problems and allows us to monitor the progress of therapy.

30 min

30,00 €

Medicinske usluge / Medical services

Naš medicinski tim specijalista voditi će vas ovisno o Vašem zdravstvenom stanju prema poboljšanju zdravlja i vitalnosti, integrirajući najučinkovitije iz prirode i medicine, s naglaskom na preventivnoj medicini i revitalizaciji.

Our expert medical team is focused on your journey towards restoring your health and we will guide you on your way to revitalization through applying the most advanced medical expertise in combination with some natural remedies.

Dermatologija | Dermatology

Pregled dermatovenerologa (ne uključuje pregled madeža)	80,00 €
<i>Dermatovenerologist examination (does not include mole check)</i>	
Kontrolni pregled dermatovenerologa	60,00 €
<i>Dermatovenerologist control examination</i>	
Dermatoskopski pregled kože i adneksa	110,00 €
<i>Dermatoscopic examination of the skin and adnexa</i>	
Krioterapija s tekućim dušikom (<5/6-10 promjena)	50,00-75,00 €
<i>Cryotherapy with liquid nitrogen (<5/6-10 lesions)</i>	
Biopsija kožnih promjena bez PHD analize	80,00 €
<i>Skin biopsy without PHD analysis</i>	
PHD - patohistološka analiza (1 uzorak)	60,00 €
<i>PHA - pathohistological analysis (one sample)</i>	
Elektrokoagulacija i ekskohleacija kožnih promjena (<5/6-10 promjena)	80,00-100,00 €
<i>Electrocoagulation and excocleation of skin changes (<5/6-10 lesions)</i>	

Estetska, plastična i rekonstruktivna kirurgija

Aesthetic, plastic and reconstructive surgery

Pregled kirurga	80,00 €
<i>Surgeon examination</i>	
Kontrolni pregled kirurga	60,00 €
<i>Surgeon control examination</i>	
Odstranjivanje madeža	120,00-280,00 €
<i>Mole removal</i>	
Ekscizija ostalih tumora kože i potkožja	300,00-700,00 €
<i>Excision of other skin and subcutaneous tumors</i>	
Duboka biopsija sa šavom	110,00 €
<i>Deep tissue biopsy with suture closure</i>	

Fizikalna medicina i rehabilitacija | Physical medicine and rehabilitation

Pregled fizijatra	65,00 €
<i>Examination by a physiatrist</i>	
Kontrolni pregled fizijatra	50,00 €
<i>Specialist control examination by a physiatrist</i>	
Fizikalna terapija individualna	40,00 €
<i>Physical therapy</i>	
Fizikalna terapija individualna	300,00/390,00 €
(Paket program – 10 tretmana, do 3 procedure/do 5 procedura)	
<i>Physical therapy</i>	
<i>(Package program - 10 treatments, up to 3 procedures/up to 5 procedures)</i>	
Fizikalna terapija grupna (2 dolaska tjedno)	55,00 €
<i>Physical therapy group program (2 weekly arrivals)</i>	
Fizikalna terapija grupna (3 dolaska tjedno)	60,00 €
<i>Physical therapy group program (3 weekly arrivals)</i>	
Medicinski fitness (2 dolaska tjedno)	55,00 €
<i>Medical fitness (2 weekly arrivals)</i>	
Medicinski fitness (3 dolaska tjedno)	60,00 €
<i>Medical fitness (3 weekly arrivals)</i>	
Kineziterapija	30,00 €
<i>Kinesitherapy</i>	
Kineziterapija (Paket program – 10 tretmana)	280,00 €
<i>Kinesitherapy (Package program - 10 treatments)</i>	
Manualna limfna drenaža (30/55 min)	60,00/95,00 €
<i>Manual lymphatic drainage (30/55 min)</i>	

Ortopedija | Orthopedics

Pregled ortopeda	100,00 €
<i>Orthopedics examination</i>	
Ortopedija - aplikacija Hyalubrix 60	250,00 €
<i>Orthopedics - Hyalubrix</i>	
Ortopedija - aplikacija Hyalubrix 60 + UZV	280,00 €
<i>Orthopedics - Hyalubrix + ultrasound scan</i>	
Ortopedija - aplikacija Hymovis	700,00 €
<i>Orthopedics - Hymovis</i>	
Ortopedija - aplikacija Hymovis + UZV	760,00 €
<i>Orthopedics - Hymovis + ultrasound scan</i>	

Opća medicina General medicine	
Pregled liječnika 24/7 <i>Medical doctor examination 24/7</i>	160,00 €
Pregled liječnika 24/7 (vikend) <i>Medical doctor examination 24/7 (weekend)</i>	185,00 €
Pregled liječnika 24/7 (blagdan) <i>Medical doctor examination 24/7 (holiday)</i>	215,00 €
Akupunktura Acupuncture	
Akupunktura - prvi pregled i tretman <i>Acupuncture - first examination and treatment</i>	70,00 €
Akupunktura - 1 tretman <i>Acupuncture - 1 treatment</i>	50,00 €
Akupunktura (Paket program - 10 tretmana) <i>Acupuncture (Package program - 10 treatments)</i>	400,00 €
Nutricionizam Nutritionism	
Nutricionistički pregled i personalizirani plan prehrane* <i>Nutritionist examination and personalized diet plan*</i>	150,00 €
Laboratorijsko testiranje Laboratory testing	
PCR test Covid-19 <i>RT- PCR test for SARS-CoV-2</i>	75,00 €
Genska analiza Tricho test <i>Genetic analysis Tricho test</i>	290,00 €
Genska analiza Acne test <i>Genetic analysis Acne test</i>	290,00 €
Genska analiza NutriGen test <i>Genetic analysis NutriGen test</i>	490,00 €

* Plan prehrane se dostavlja unutar 48 sati od završenog nutricionističkog pregleda. | The diet plan will be sent within 48 hours after completing the nutritionist examination.

Usluge uljepšavanja / Salon services

SPA MANIKURA BY O.P.I. | SPA MANICURE BY O.P.I.

Umirujuća, opuštajuća manikura u potpunosti će razmaziti klijenta. Piling, njega i zaštita uz masažu za oslobođenje od napetosti pružit će vam osjećaj zadovoljstva i potpune njege vaših ruku.

A soothing, relaxing manicure that will completely pamper the client. Scrub, softening and moisturising followed by hands massage will give you complete feeling of satisfaction and nourished skin.

45 min

70,00 €

SPA PEDIKURA BY O.P.I. | SPA PEDICURE BY O.P.I.

Ultimativno iskustvo pedikure koje se sastoji od omekšavanja kože, zaglađivanja grube kože stopala, pilinga, dubinske njege i zaštite uz opuštajuću masažu i akupresuru.

Ultimate pedicure experience that consists of skin softening, smoothing the rough skin of the feet, exfoliation, smothering feet and soles and relaxing massage with accupressure.

45 min

75,00 €

Trajni lak O.P.I. | *Gel polish O.P.I.*

45 min

50,00 €

Classic lak O.P.I. | *Classic polish O.P.I.*

30 min

40,00 €

Add on trajni lak | *Add on gel polish*

20 min

20,00 €

Add on classic lak | *Add on classic polish*

20 min

15,00 €

Depilacije / Waxing

DEPILACIJE LYCON | LYCON WAXING

Lycon depilacija je gotovo bezbolna metoda uklanjanja suvišnih dlačica. Vosak je izrazito elastičan, jednostavan za upotrebu, primjeren je za sve tipove kože te učinkovit za uklanjanje i najkraćih i najtvrdokornijih dlačica.

Lycon waxing is an almost painless method of removing excess hair. The wax is extremely elastic, easy to use, suitable for all skin types and effective for removing even the shortest and most stubborn hairs.

Noge 1/2 <i>Half leg</i>	30 min	50,00 €
Noge 1/1 <i>Full leg</i>	45 min	60,00 €
Pazduh <i>Armpit</i>	20 min	32,00 €
Nadusnice <i>Upper lip</i>	10 min	18,00 €
Obrve <i>Eyebrows</i>	15 min	18,00 €
Ruke cijele <i>Full arm</i>	20 min	40,00 €
Ruke podlaktice <i>Half arm</i>	15 min	32,00 €
Bikini <i>Bikini line</i>	10 min	32,00 €
Braziliana <i>Brazilian</i>	20 min	45,00 €

Terapijski paketi / Therapeutic packages

ANTI-AGE PAKET | ANTI-AGE PACKAGE

Potpuna obnova lica sa naglaskom na usporavanje prirodnog procesa starenja kože.
Paket se sastoji od:

- četiri tretmana SkinPen za regeneraciju tkiva
- dva tretmana Zo Skin Brightening za ujednačen i svjež ten
- jedan Zo Skin Ultra Hydration tretman za intenzivnu hidrataciju

Complete facial renewal with an emphasis on slowing down the natural aging process of the skin. This package consists of:

- four SkinPen skin regeneration treatments
- two Zo Skin Brightening treatments for an even and radiant complexion
- one Zo Skin Ultra Hydration treatment for intensive hydration

755,00 €

SENSITIVE SKIN PAKET | SENSITIVE SKIN PACKAGE

Njega osjetljive kože nikada nije bila jednostavnija i učinkovitija. Čista koža i odabir pravih tretmana preduvjet je za njeno zdravlje. Kombinacijom tri Aquapeel i tri Invisapeel sensitive tretmana, uklanjamo nečistoće i gradimo obrambenu barijeru osjetljive kože.

Sensitive skin care has never been simpler and more effective. Clean skin and right treatments choice are crucial for health of the skin. By combining three Aquapeel and three Invisapeel sensitive treatments, we remove impurities and build a defensive barrier of sensitive skin.

365,00 €

ACNE & OIL CONTROL PAKET | ACNE & OIL CONTROL PACKAGE

Upalni procesi na licu i ožiljkasto tkivo koje ostaje za njima, često znaju utjecati na kvalitetu života osobe. Kako bi izbrisali tragove problematične kože u ovom paketu dostupna su tri tretmana ZO Skin Acne & Oil control koji će smiriti upale i reducirati pojavu istih. Nakon nestanka upalnih procesa SkinPen tretmanima u tri posjeta regeneriramo tkivo i brišemo ožiljke.

Inflammatory processes on the face and scar tissue that remains after, often affect the quality of person's life. To remove traces of problematic skin three treatments Zo Skin Acne & Oil control are used to calm inflammation and reduce the appearance of new inflammatory processes. After we resolve inflammatory processes, we make three SkinPen treatments to regenerate the tissue and erase the scars.

590,00 €

MED CONTOUR MULTIPOWER PAKETI | MED CONTOUR MULTIPOWER PACKAGES

Med Contour Multipower zvijezda je neinvazivnog tretiranja lica i tijela u svrhu uklanjanja lokaliziranih masnih naslaga i celulita, smanjenje obujma tijela, zatezanja kože i limfne drenaže.

Med Contour Multipower is the superstar of non-invasive face and body treatments for the purpose of removing localized fatty deposits and cellulite, reducing body circumference, tightening of the skin and lymphatic drainage.

4 regije (trbuš, leđa, stražnjica ili natkoljenice) 4 regions (abdomen, back, buttocks or thighs)	1.352,00 €
4+2 GRATIS	
2 regije (trbuš & leđa ili stražnjica & natkoljenice) 2 regions (abdomen & back or buttocks & thighs)	955,00 €
4+2 GRATIS	
1 velika regija (trbuš, leđa, natkoljenica ili stražnjica) 1 large region (abdomen, back, thighs or buttocks)	635,00 €
4+2 GRATIS	
1 mala regija (koljena ili ruke) 1 small region (knees or arms)	315,00 €
4+2 GRATIS	
Med Visage - lice Med Visage - face	530,00 €
4+2 GRATIS	

Članarine / Membership

DNEVNA ČLANARINA SPA CENTAR <i>Daily membership Spa centre</i>	45,00 €
DNEVNA ČLANARINA - DJECA <i>Daily membership - children</i>	25,00 €
HIDROTERAPIJA - Mjesečno neograničeno korištenje bazena <i>Hydrotherapy - Unlimited number of monthly pool arrivals</i>	250,00 €
HIDROTERAPIJA - Mjesečno neograničeno korištenje bazena - djeca <i>Hydrotherapy - Unlimited number of monthly pool arrivals - children</i>	110,00 €
HIDROTERAPIJA GOLD - Mjesečno neograničeno korištenje bazena <i>Hydrotherapy - Unlimited number of monthly pool arrivals</i>	350,00 €

Djeca 0-2,99 godina u pratnji korisnika wellnessa imaju besplatan ulaz. Za djecu od 3-11,99 naplaćuje se dječja članarina.
Free entrance for children from 0 to 2,99 years of age accompanied by wellness centre user. Membership for children is for children from 3 to 11,99 years of age.

HIDROTERAPIJA

- neograničeno korištenje bazena (unutarnji i vanjski)
- saune i sunčalište/relax zona
- svačionice i tuševi
- veliki ručnik za bazen i mali ručnik za teretanu
- korištenje teretane
- 15% popusta na grupne programe vježbanja
- 10% popusta na sve usluge MedSpa & Wellness centra
- 1 dnevna karta za korištenje wellness sadržaja za Vašeg gosta
- 1 masaža od 30 minuta (Relax)

- *unlimited use of the pool (indoor and outdoor)*
- *saunas and sunbathing area/relaxation area*
- *changing rooms and showers*
- *large pool towel and small towel for the gym*
- *use of the gym*
- *15% discount on all group workout programmes*
- *10% discount on all MedSpa & Wellness centre services*
- *1 daily membership for the use of wellness facilities for your guest*
- *1 massage - duration 30 minutes (Relax)*

HIDROTERAPIJA GOLD

- neograničeno korištenje bazena (unutarnji i vanjski)
- saune i sunčalište/relax zona
- svačionice i tuševi
- veliki ručnik za bazen i mali ručnik za teretanu
- korištenje teretane
- 1x individualne konzultacije s fizioterapeutom
- 1x pregled dermatovenerologa
- 20% popusta na grupne programe vježbanja
- 15% popusta na sve usluge MedSpa & Wellness centra
- 2 dnevne karte za korištenje wellness sadržaja za Vaše goste
- 1 masaža od 30 minuta (Relax)
- 1 tretman lica od 30 minuta (sukladno analizi i tipu kože)

- *unlimited use of the pool (indoor and outdoor)*
- *saunas and sunbathing area/relaxation area*
- *changing rooms and showers*
- *large pool towel and small towel for the gym*
- *use of the gym*
- *individual consultation with a physiotherapist*
- *dermatovenerologist examination*
- *20% discount on all group workout programmes*
- *15% discount on all MedSpa & Polyclinic Life services*
- *2 daily memberships for the use of wellness facilities for your guests*
- *1 massage - duration 30 minutes (Relax)*
- *1 facial treatment - duration 30 minutes (based on skin analysis)*

Kućni red / House rules

1. Medical Spa & Wellness centar Life je područje tišine i opuštanja, tako da nije dopušten glasan razgovor kao ni mobilni telefoni.
2. Svaki korisnik je dužan unijeti ime, prezime i broj sobe ili broj članske iskaznice s vremenom ulaska i izlaska u registra koji se vodi na recepciji Medicinskog Spa & Wellness centra Life.
3. Korisnici Wellness & Spa centra Life imaju na raspolaganju ručnike i ogrtiče. Ništa od navedenog ne smije se iznijeti izvan wellnessa, već se mora ostaviti prije izlaska iz SPA centra u odgovarajućoj košari koja se nalazi na SPA recepciji.
4. Na bazene nije dozvoljen pristup osobama koje boluju od kožnih ili zaraznih bolesti; te sa otvorenim ranama.
5. Pristup na bazene dozvoljen je samo u prikladnoj odjeći za kupanje, te u prikladnoj obući.
6. Tuširanje prije ulaska u bazen je obavezno, a poželjno je i kupanje sapunom nakon izlaska iz bazena.
7. Osobama pod utjecajem alkohola ili droga nije dopušteno korištenje bazenskog kupališta.
8. Osobe koje pate od ozbiljnog zdravstvenog stanja (npr. bolesti srca, ozbiljni problemi s cirkulacijom, epilepsijski ili respiratorni problemi) ne smije koristiti bazen.
9. Hodajte; nemojte trčati oko bazena radi svoje sigurnosti i sigurnosti drugih korisnika.
10. Zabranjeno je konzumiranje hrane i pića na plivalištu.
11. Pušenje nije dopušteno na bazenu i oko njega.
12. Nije dozvoljeno skakanje ili ronjenje u vodi.
13. Nije dopušteno izlijevanje tekućina i drugih proizvoda u vodu.
14. Djeci do 18 godina je ulaz na plivalište dozvoljen isključivo u pratnji odrasle osoba. Prilikom korištenja bazena djeca moraju biti u prikladnoj odjeći za kupanje.
15. Molimo da sve dragocjenosti odložite u garderobnim ormarićima, uprava ne može biti odgovorna za gubitak dragocjenosti ili druge osobne imovine ostavljene u prostorima bazena.
16. Osobe koji se ne pridržavaju kućnog reda biti će zamoljene da napuste kupalište.
17. Hotel ili uprava nije odgovoran za bilo kakav gubitak ili štetu na bilo kojoj osobnoj imovini, ozljedu, invaliditet ili fatalnost, čak i smrt koja je proizašla iz bilo kojih razloga tijekom korištenja ili igranja na kupalištu.
18. Gosti koriste kupalište na vlastitu odgovornost i hotel neće biti odgovoran za bilo kakve ozljede nastale za vrijeme korištenja hotelskih sadržaja.
19. Sve tretmane možete rezervirati na recepciji Medicinskog Spa & Wellness centra Life ili telefonom br. +385 21 685 430. Ako je rezervirani termin otkazan manje od 3 sata prije ugovorenog termina, naplaćuje se 100% od uobičajene cijene. U slučaju kašnjenja klijenata na ugovoreni termin, trajanje usluge će se smanjiti za vrijeme kašnjenja i naplaćuje se u punom iznosu.
20. Svi korisnici su dužni pridržavati se važećih epidemioloških mjera.
21. Ova pravila i propisi mogu se promijeniti u bilo kojem trenutku bez prethodne najave.

Cijene se mogu promijeniti u bilo kojem trenutku bez prethodne najave.

1. *MedSpa & Wellness Centre is an area of silence and relaxation thus loud conversation as well as mobile phones are not permitted.*
2. *Each visitor is required to enter the name, last name, and room number or membership card number with time in and out register kept at the Medical Spa & Wellness centre reception.*
3. *MedSpa & Wellness Centre visitors have towels and bathrobes at their disposal. None of the above mentioned may be taken outside the wellness area, but must be left before exiting the SPA centre in the appropriate basket situated at the SPA reception.*
4. *Persons suffering from skin or infectious diseases or with open wounds are not allowed to access the pools.*
5. *Access to the pools is allowed only wearing suitable bathing attire, and appropriate footwear*
6. *Taking shower before entering the pool is mandatory, and it is also advisable to take bath with soap after leaving the pool.*
7. *Person under the influence of alcohol or drugs will not be permitted in the pool complex.*
8. *Any person suffering from a known serious medical condition (e.g. heart disease, severe circulation problems, epilepsy or respiratory problems) should not use the swimming pool.*
9. *Walk; do not run in and around the pool facility for your and other safety.*
10. *Food and Beverages consumption is not allowed in the Pool area.*
11. *Smoking is not allowed in and around the pool.*
12. *It is not allowed to jump or dive into the water*
13. *It is not allowed to spill fluids and other products into the water.*
14. *Children aged the age of 18 must be accompanied by a suitable adult. Wearing suitable bathing attire is mandatory while using the pool.*
15. *Kindly keep all valuables in the lockers provided, management cannot be held liable for loss of any valuables or other personal property left at the swimming pool premises.*
16. *Persons who do not follow the house rules will be asked to leave the pool area.*
17. *Hotel or Management is not responsible for any loss or damage to any personal property, injury, disability or fatality even death arising from whatsoever reasons while exercising or playing in the swimming area.*
18. *Guests swim at their own risk and the Hotel will not be responsible for any injuries while using the Hotel facilities.*
19. *All treatments can be booked at the reception of the Wellness & Spa or by phone no. +385 21 685 430. If the booked term is cancelled less than 3 hours prior to the agreed term, the amount of 100% of the regular price will be charged. In the case clients arrive late to the agreed term, the duration of the service will be reduced for the time they were late and will be charged at the full amount.*
20. *All visitors are required to comply with applicable epidemiological measures.*
21. *These rules and regulations are subject to change any time without notice.*

Prices are subject to change at any time without prior notice.

MedSpa Wellness centre & Polyclinic Life

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W. www.medspalife.hr

RADNO VRIJEME
ponedjeljak - nedjelja
09:00 - 21:00

OPENING HOURS
monday - sunday
09:00 - 21:00